

Logic Model



ISSUE STATEMENT

Children deserve consistent access to fresh, nutritious food and quality nutrition education to support their physical, cognitive, and emotional development. However, limited access to fresh, locally sourced foods and a lack of community-centered nutrition education, training, and resources hinder the ability for school nutrition professionals from providing fresh, appealing, community-recognized meals and integrating meaningful nutrition education into school environments. These barriers reduce children's ability to develop healthy eating habits and sustain long-term well-being.

That's where we come in.

The Coalition for Healthy Foods in Newark Schools (CHFINS) collaborates with local organizations to transform school environments by securing access to healthy meals, empowering students and families through nutrition education, and advocating for wellness policies that reflect the needs of students and ensure positive, long-term health outcomes.

We collaborate with Newark schools and community partners by:

- Procuring fresh, healthy foods from local farms
- Developing school and community fruit and vegetable gardens
- Building knowledge and capacity among school nutrition professionals
- Engaging students and families in shared learning around nutrition and wellness

INPUTS

Here is what we bring to the table:

- Powerful partnerships that bring expertise, resources, and heart that fuel our efforts.
- Skilled professionals and community members dedicated to making healthy school meals.
- Existing knowledge and frameworks that ensures healthy eating is accessible, locally sourced, and reflects the values, preferences and lived experiences of the community.

OUTPUTS

Activities

To transform school food systems, we engage in the following collaborative efforts:

- Partner with organizations to follow the Six Pillars of Food Security: Availability, Access, Utilization, Stability, Agency, and Sustainability.
- Establish strong relationships with local food vendors and ensure consistent access to fresh ingredients for Newark schools.
- Maintain partnerships with trusted organizations and educators to deliver engaging nutrition education programs to student and families
- Coordinate workshops, trainings and resources for school nutrition professionals
- Continued support to activate and sustain Student-Led Nutrition Advisory Councils (SNACs) through tools, facilitator training, and financial support
- Develop and expand community gardens in Newark schools.

Participation

We support Newark:

- Students
- Parents, families, and caregivers
- Educators and school administrators
- School nutrition professionals
- Community members
- Local farms

OUTCOMES

With our support, progress is not just possible- it's sustainable.

- School nutrition professionals and educators have the knowledge, skills and confidence to lead nutrition and wellness initiatives.
- Student-led Nutrition Advisory Councils (SNACs) are equipped with the resources and skills necessary to sustain themselves over time.
- Newark schools have increased access to fresh, healthy foods.
- Community-wide engagement in food systems improvement is fostered through strong, collaborative partnerships.
- Newark Board of Education wellness policies are shaped by student and community input.
- Nutrition education leads to long-term positive outcomes for students and families, such as reduced risk of chronic disease, better food literacy, and sustainable habits.

ASSUMPTIONS

What Empowers Change in Our Community:

- Access to essential resources and strong community partnerships fuels continued growth and impact
- Community members demonstrate interest in advancing local food systems
- Students and their families are willing and able to engage in nutrition and wellness initiatives
- Change-makers display a commitment to collaborative policy enhancements.

EXTERNAL FACTORS

What Shapes the Environment

- Changes in government or school policies
- Shifts in the economic landscape